

**My Book  
About Coping  
with Covid !**

**By:**

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Here is how I feel about Covid:  
( either a picture or words or both!)

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Believe it or not some good things have  
come out of it. They are:

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The best thing of all has been:

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These are the things that I don't like about Covid:

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This is what I don't like the most:

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This is what I wish would change right now:

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I have done well during covid. Here are some ways that I have been strong and done the right thing:

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Here are some things I am proud of that I did:

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Here is what other people appreciate that I did:

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This is how I helped someone else during this time:

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Yes! I am coping with Covid!!



Signed by the Author